

# Dual Career Newsletter

MAY 2024

INTERNATIONAL STAFF MOBILITY



## Dear Members of the Dual Career ~ Spouse Network

### UPCOMING EVENTS

#### How to pitch yourself to get noticed

10 May, 9—14:30

[Free—sign up here!](#)

#### Mastering Your To-Do and Wish Lists

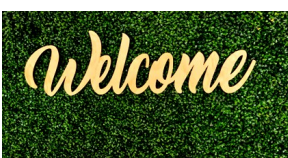
16 May, 9—12:30

[Free-sign up here!](#)

#### A guided tour through the Nordhavn district

26 May, 10:45—13

[Free-sign up here!](#)



- Bela Arora  
India
- Basak Gunes Aydemir  
Turkey
- Emily Barr  
UK
- Elton Byensi  
Uganda
- Mareike Glöss  
Germany
- Matthew Eisler  
US

Welcome to warmer days here in Copenhagen. It finally feels more like Spring, which we have all been longing for.

The warmer weather also makes it more appealing to go out and explore the city. If you are looking to experiences new areas of Copenhagen, we highly recommend joining us for the guided tour at Nordhavn on May 26th. Here, your guide will tell you about the past in the old port, about today's Nordhavn and not least the future of the area. You will experience some of the Nordhavn landmarks, like the old grain silo, which is transformed into luxury apartments, the new man-made island, and the internationally award-winning Lüders' Exercise Roof at the roof of a multi-storey carpark, a huge recreational urban space with a great view of Nordhavn and the rest of Copenhagen. [Sign up here!](#)

If you are interested in some of our workshops, we also have different interesting events this month. On May 10th, we have a workshop about [how to pitch yourself to get noticed!](#) At this

workshop we will look at what a good pitch is, and work on your pitch to prepare you for job interviews and networking. We will also be looking at the difference between pitching at a job interview/presentation and in a network setting.

On May 16th, we have another workshop, where we will focus on how [to master your to-do and wish lists](#). Together we will cultivate a more positive outlook on time management and to-do lists and explore methods to improve and sustain focus.

Further, in May a lot of things will be happening around Copenhagen. You can really feel that summer is getting closer, as the city slowly awakens. Among other things, the annual Copenhagen Marathon will be happening on May 5th, which will take place all over the city.

Kind regards,

**Mary K. Kobia, Diana Lund Nordstrøm & Katrine Sandahl Mortensen**  
[ISM Dual Career Team – University of Copenhagen](#)

” The world's favorite season is the spring. All things seem possible in May

— *Edwin Way Teale*

## Spotlight: Never stop networking!



### Abhilasha Dixit Mishra

**From:** India

Wastewater specialist at Hillerød forsyning (Hillerød utilities)

**How long did it take for you to find a job in DK?**

4 LONG years

**What has been most challenging about your job search?**

To explain/convince the recruiter in the application about my academia to industry transition.

**What is your best advice to someone who is not living in DK, but looking for a job there?**

Read about job seeking experiences from expats through different groups/platforms and put in massive energy into finding the right people through personal & professional connections.

**How has IDCN helped you?**

Understanding the value of

networking & learning the right way to do it. Additionally, finding your 'tribe' in this new world.

Løntilskud was the key player in my case and that happened only because of Mark from IDCN.

Additionally, highlighting the value of networking & learning the right way to do it has always been the core of IDCN and that's what I kept doing for the most part of my journey.

**What surprised you the most about the Danish job interview?**

It's more of a conversation, which surprisingly turns out to be a very efficient way of having all the relevant information from the candidate. Smart people !!!!

**What is your best advice to someone going for a job interview?**

Be (a) Prepared Honest  
Delightful

**What kept you going – your motivation, when things didn't always turn out the way you**

**expected? Where did you find support?**

One can always (usually) find support from friends & family. For me it was more \*reassuring\* to hear 'YOU'VE what's needed, YOU CAN DO IT' from someone from the 'newly made network' specifically targeted to guide me in the job market, like a mentor through job seeking seminars, IDCN team mentors, job counselors, etc. It worked both as motivation as well as support :)

**What are you most excited about doing in your new job?**

I thought I knew wastewater processing, until I had to start dealing with it in DANISH !! It's an exciting challenge :D

**Reflecting back on your job seeking process and experiences in DK, what advice do you have to give to other spouses?**

1. Never stop networking
2. Keep busy
3. Job search is ONLY a part of our life, it's NOT our life !!!
4. Taking longer to find one, doesn't say anything about our capabilities
5. No job is a \*small job\*